

# **GNEM SYMPOSIUM SPEAKER SERIES**

*presented by The Neuromuscular Disease Foundation*

"It's All About Function: The Role of Physical  
Therapy in the Functional Management  
of People with GNE Myopathy"




**Patrick Tierney, MPT, PT**

UC Irvine Health  
Physical Therapy Department

Friday August 14, 2020  
9am PDT/12pm EDT





Speaker Series #81420  
**Patrick Tierney, MPT, PT**  
**UC Irvine Health Physical Therapy Department**  
Introduction & Summary Slide for:  
It's All About Function: The Role of Physical Therapy in  
the Management of People with GNE Myopathy

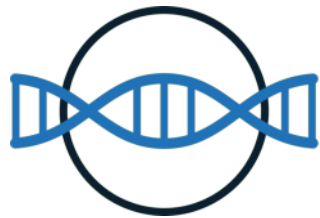
**An Overview of what to expect in this talk:**

1. I have no relationship with NDF
2. I will present how Physical Therapy assists in optimizing function and prescribing exercise in people with GNE myopathy



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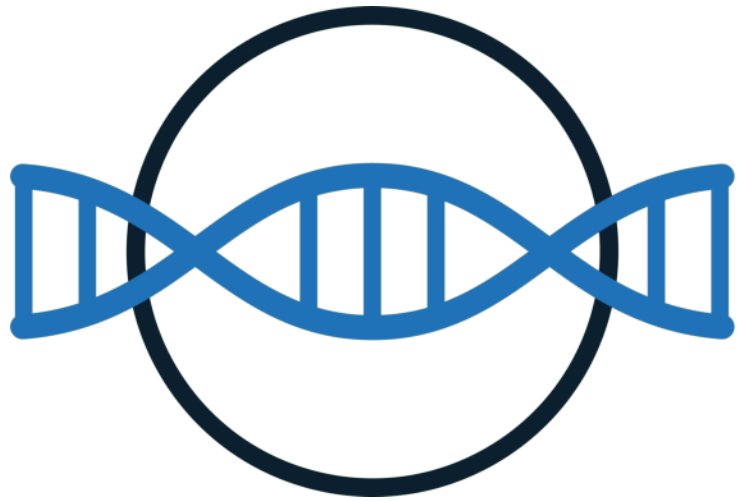
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- **Key Takeaways:**

Final slide:

- 1. PT is utilized to maximize your function through education in
  - Activity modification
  - Use of assistive devices
  - Appropriate exercise prescription
- 2. PT is successful when appropriate expectations are understood from both the therapist and patient
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